

POST-OPERATIVE INSTRUCTIONS



PRESS the folded gauze for 30-45 mins, **AFTER EXTRACTION.**

DO NOT
use
straws.



Warm
water gargles
after
48 hours
of
extraction



Do not spit for 24
hours **POST-EXTRACTION.**



Take
soft and
semi-solid
diet at low
or warm temperature.

Mouth opening
exercises after 48
hours.



Apply ice on the outside of
face, where extraction was
done.



TAKE
MEDICATIONS on
the time as prescribed
by the **SURGEON.**



Avoid
weight lifting,
swimming
and exercises.

AVOID
Smoking
Tobacco
and
Alcohol
till next
appointment.



In case of any **EMERGENCY**,
Contact your Doctor immediately.